



*The Best Care
In the Best Place.*

DAVIDSON COUNTY SENIOR SERVICES
IN-HOME SERVICES PROGRAM

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IN-HOME SERVICES
PROGRAM

WHAT IS IN-HOME SERVICES?

Using qualified personal care assistants, In-Home Services help individuals who have functional, physical, or mental impairments accomplish their daily activities.

Services provide assistance to individuals and their families by performing personal care and home management tasks in order for the individual to remain in their own home as long as possible.

WHO IS ELIGIBLE?

- Davidson County Residents
- 60 years of age or older
- Does not have a responsible and available person to assist with unmet personal care & home management needs
- Or a caregiver in need of relief



PERSONAL CARE ASSISTANTS CAN ASSIST WITH:

- Personal Care (bathing, shaving, hair care, dressing and mouth care)
- Toileting
- Ambulation (walking or wheelchair)
- Preparation and Planning of Meals
- Feeding
- Light Housekeeping (sweeping, dusting, washing dishes, laundry, changing linens)
- Transportation to medical appointments (when no other transportation is available)
- Essential Shopping (groceries, pick up medication)
- Respite time for Caregivers

Pet care, yard maintenance, home repairs and heavy duty cleaning are not provided.

HOW DO I KNOW WHAT SERVICES I MAY BE ELIGIBLE TO RECEIVE?

Eligible individuals will receive an in-home visit by a social worker and/or a nurse to assess needs and develop a care plan. The care plan will determine services, hours, and frequency of assistance offered.



HOW MUCH DOES IT COST?

Most services are funded by a grant at no cost to the individual. Opportunities to share in the cost of services based on income is presented monthly through what is known as "consumer contributions."

No one is ever turned away because of inability to pay.

Private pay options are also available for those that do not need grant assistance and wish to bypass the waiting list.

Feel free to contact us for more information or to see which option is right for you or your loved ones.